

## Training Agenda

*Emergency & Disaster Preparedness at Primary Healthcare Level*

**Time:** 9:00 AM – 4:30 PM

**Venue:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

### DAY 1: Introduction to Disasters and Preparedness in PHC

Time	Session	Content
9:00 – 9:30 AM	Registration & Opening	Welcome remarks, training objectives, participant introductions, expectations
9:30 – 10:30 AM	Session 1.1: Understanding Disasters	Definition of disasters, types (natural, man-made), disaster trends in KP, impact on health
10:30 – 11:15 AM	Session 1.2: PHC Role in Disaster Preparedness	Functions of PHC in emergencies, community-level preparedness, integration with district health system
11:15 – 11:30 AM	<b>Tea Break</b>	
11:30 AM – 12:30 PM	Session 1.3: Disaster Risk Reduction & Vulnerability Assessment	Identifying hazards, assessing community vulnerability, prioritizing risks
12:30 – 1:15 PM	Session 1.4: Incident Command and Coordination at PHC	Roles and responsibilities, coordination with emergency services, reporting mechanisms
1:15 – 2:15 PM	<b>Lunch &amp; Prayer Break</b>	
2:15 – 3:15 PM	Session 1.5: Communication and Early Warning Systems	Community alerts, health messaging, coordination with media and local authorities
3:15 – 4:00 PM	Session 1.6: Practical Activity – Risk Mapping	Group exercise on identifying hazards in local PHC catchment areas
4:00 – 4:30 PM	Reflection & Wrap-up	Key takeaways, Q&A, preparation for Day 2

**DAY 2: Emergency Management and First Aid at PHC Level**

Time	Session	Content
9:00 – 9:15 AM	Recap & Opening	Review of Day 1, objectives for Day 2
9:15 – 10:15 AM	Session 2.1: Burn and Scald Management	Types and severity of burns, first aid, dressing, infection prevention, referral indications
10:15 – 11:15 AM	Session 2.2: Dehydration and Heat Stroke	Causes, signs and symptoms, first aid, prevention in community settings, referral criteria
11:15 – 11:30 AM	<b>Tea Break</b>	
11:30 AM – 12:30 PM	Session 2.3: Snakebite Management	Venomous vs non-venomous bites, first aid techniques, unsafe practices to avoid, safe transport
12:30 – 1:15 PM	Session 2.4: Drowning and Water-related Emergencies	Recognition of drowning, CPR, rescue breaths, recovery position, hypothermia prevention
1:15 – 2:15 PM	<b>Lunch &amp; Prayer Break</b>	
2:15 – 3:15 PM	Session 2.5: Practical Drill 1	Burn care simulation – cooling, covering, and referral decision-making
3:15 – 4:00 PM	Session 2.6: Practical Drill 2	Heat stroke and dehydration scenario – patient assessment, cooling, rehydration, referral
4:00 – 4:30 PM	Reflection & Wrap-up	Lessons learned, Q&A, preparation for Day 3

### DAY 3: Advanced Emergency Response and Community Preparedness

Time	Session	Content
9:00 – 9:15 AM	Recap & Opening	Review of Day 2, objectives for Day 3
9:15 – 10:15 AM	Session 3.1: Mass Casualty Management at PHC	Triage principles, resource allocation, prioritization in disaster events
10:15 – 11:15 AM	Session 3.2: Community Emergency Response Teams (CERT)	Roles of CERT, volunteer mobilization, community awareness and education
11:15 – 11:30 AM	<b>Tea Break</b>	
11:30 AM – 12:30 PM	Session 3.3: Coordination with District and Provincial Health Systems	Referral pathways, emergency communication, reporting, supply chain management
12:30 – 1:15 PM	Session 3.4: Psychological First Aid	Stress management, support for victims and responders, referral for mental health services
1:15 – 2:15 PM	<b>Lunch &amp; Prayer Break</b>	
2:15 – 3:15 PM	Session 3.5: Practical Drill 3	Integrated disaster simulation – burn, heatstroke, snakebite, and drowning combined scenario
3:15 – 4:00 PM	Session 3.6: Lessons Learned & Continuous Preparedness	Evaluation of response drills, improvement plans, community engagement strategies
4:00 – 4:30 PM	Reflection & Closing Ceremony	Key takeaways, participant feedback, certificate distribution, closing remarks